



## Weekly Tour Program Giugno-Luglio-Agosto

	Lunedì	Martedì	Mercoledì	Giovedì	Venerdì	Sabato	Domenica
<b>TECHNIQUE TRAINING</b> "RADIKAL BIKE SCHOOL"  Gli orari possono subire delle variazioni in base al clima.	Storia Postura Bunny Hop Discese	Discese Salite	Curve 1° Semplici Slalom	Curve 2° In appoggio Bicc. Contropen	Salti Surplace Test		
	Baia di Manaccora						
	9:30 11:00	9:30 11:00	9:30 11:00	9:30 11:00	9:30 11:00		
	Hotel i Melograni - Baia degli Aranci						
	16:00 17:30	16:00 17:30	16:00 17:30	16:00 17:30	16:00 17:30		
	Gattarella Resort						
	18:00 19:30	18:00 19:30	18:00 19:30	18:00 19:30	18:00 19:30		
<b>PUMP TRUCK</b> Gattarella Resort	9.00/12:00 16:00/18:30	9.00/12:00 16:00/18:30	9.00/12:00 16:00/18:30	9.00/12:00 16:00/18:30	9.00/12:00 16:00/18:30	17:00/20:00	17:00/20:00
<b>XC CROSS COUNTRY</b>	8:30/12:00 Radikal	20:30 Notturna	8:30/12:00 Radikal	20:30/23:30 Notturna	17:00/20:00 BASIC LIV.	8:30/12:00	9:00/12:45 X-Ride Radikal
<b>BT BIKE TREKKING</b>	8:30/12:00 X-Ride	20:30 Notturna	8:30/12:00 X-Ride	20:30/23:30 Notturna	17:00/20:00 BASIC LIV.	8:30/12:00	9:00/12:45 X-Ride Radikal
<b>AM ALL MOUNTAIN</b> Medio livello Km 35-60 Max 6h	7:00/11:00 Gargano Bike	7:00/11:00 Gargano Bike  20:30 Notturna Gargano Bike	8:30/12:00 X-Ride	7:00/11:00 Gargano Bike	17:00/20:00 BASIC LIV.	8:30/12:00	9:00/13:00 X-Ride Radikal
<b>EN ENDURO</b> <b>FR FREERIDE WITH BIKE SHUTTLE</b> <b>DH DOWNHILL WITH BIKE SHUTTLE</b>		20:30 Notturna ENDURO	9:00/13:00 Gargano Bike BIKE SHUTTLE  15:00/18:00 Gargano Gravity BIKE SHUTTLE		9:00/12:30 ENDURO	9:00/13:00 Gargano Bike BIKE SHUTTLE  15:00/18:00 Gargano Bike BIKE SHUTTLE	9:00/13:00 Gargano Gravity BIKE SHUTTLE  15:30/18:30 Gargano Gravity BIKE SHUTTLE